

## Getting fruit trees off to a good start

Bill Shane Tree Fruit Extension Specialist SW Michigan Research and Extension Center, Benton Harbor, MI





### Getting fruit trees off to a good start

- Resources (Handout)
- Tree and Site considerations
- Planting tips
- Training systems & pruning
- General IPM considerations



### Fruit tree cold hardiness

Time of year	Type of damage
Nov & Dec	Rapid temperature drop damages trees that have not hardened off for winter.
Jan & Feb	Low temperature damage fruit buds, very low temperatures damage trees
Mar to Jun	Trees become more vulnerable as buds start to open



# Fruit types differ in the mid-winter hardiness of their flower buds

Fruit type	Critical temp. (F) for flower injury
Apple	-30
Apricot, Pear, Concords	s -25
Blueberries	-25
Tart Cherry	-20
Raspberry	-17
Blackberry	-15
Plum, Sweet Cherry	-15
Peach and Nectarine	-13
European Grapes	-8 to -15





# **Bloom order**





# Choosing fruit varieties

- Look for varieties that are adapted for your growing area.
- If you plan to do minimal spraying, find varieties with better disease resistance.
   Be aware that the more resistant varieties may have lesser eating quality.

### **Choosing fruit varieties**



### Look for high chill (at least 500 chill hours) varieties for the Michigan climate



Angelus Peach -- WHERE TO BUY-

Large freestone with bright red skin over yellow background color. Mild, low-acid yellow flesh. Good shipping qualities. Ripens just after Elberta. Performs well in USDA Zone 6 and is worth a try in slightly colder climates. 800 hours. Self-fruitful.



#### Arctic Supreme White Peach -where to BUY-





#### August Pride Peach -- WHERE TO BUY-

Large, all-purpose yellow freestone for mild-winter climates. Sweet, aromatic, rich flavor, one of the very best. Ripens 3-4 weeks after Mid-Pride Chilling requirement less than 300 hours. Self-fruitful. (Zaiger)





# Better fruit sites tend to be on hills where air is warmer on still nights



cold air flows downhill



# Site selection for fruit

- Sunlight requirements
  - fruit needs approximately 60% full sun--all day is best
- Soil requirements
  - sandy loam to clay loam
  - good water drainage

for most fruit: Soil pH best is 6.2 to 6.8, okay is 5.5 to 7.5. Blueberries and cranberries require pH below 5.5 and perform best at pH between 4.5 and 5, tart cherries are somewhat intolerant of low pH.

Planning the home fruit planting











# Build a mound or berm where wet soil is a problem. Also consider tiling for water drainage



Mound or berm should be approximately 6 inches high in the middle

Drain tile to move water



#### Anatomy of a nursery tree



#### Basic tree anatomy

#### Fruit trees are budded or grafted on rootstock





Bench graft







T-budded (left) versus bench grafted (center) versus knip boom nursery trees



### Planting depth depends on the type of fruit tree

- apple & pear plant so that graft union is above the soil
- peach, plum, apricot plant so that graft union is at the soil line





#### Be careful, Plant trees at the right depth

Graft union





Some nurseries will bud peaches like apples with a long shank.

Tree is planted too deep. Top roots are at least 8 inches below soil line

Tree should be planted so that top roots are close to soil line

#### Apple rootstock types make a big difference in tree size









standard



semi-dwarf

dwarf





## When to plant fruit trees

• For bare-root trees, spring is preferred, fall is 2nd choice. Frost may 'heave' fall-planted trees.

• For container-grown trees, can plant anytime, but prefer spring or fall





### **Tips on Planting Fruit Trees**

- Keep roots from drying out, cut off damaged root tips
- Tamp the soil down around the roots gently while filling the hole. Water to settle the soil.
- Check over the next few days. Make sure that the graft union stays where it should be.



Soak bare root trees for several hours before planting



### **Tips on Planting Fruit Trees**

- Keep roots from drying out, cut off damaged root tips
- Tamp the soil down around the roots gently while filling the hole. Water to settle the soil.
- Check over the next few days.
  Make sure that the graft union stays where it should be.



Watering in tree





## **Tips on Planting Fruit Trees**

- Keep roots from drying out, cut off damaged root tips
- Tamp the soil down around the roots gently while filling the hole. Water to settle the soil.
- Check over the next few days. Make sure that the graft union stays where it should be.



### Apple trees planted too deep can develop scion rooting

here



This tree was planted too deep and the scion sent down roots, resulting in vigorous tree growth





## Reasons for pruning tree at time of planting

- Remove dead & undesirable limbs
- Reduce planting stress by reducing size of the top to match the root system
- Encourage limb development in the desired positions

### "Whipping" newly planted tree

A tree is whipped by removing all limbs at time of planting so that the tree looks like a whip

This is done if the original limbs are poor quality or too few.

- by whipping, the replacement limbs that grow will be approximately the same size.



#### Building good tree structure



Whip the tree at planting or leave stubs?







#### Notching above apple buds to encourage branch growth



Figure 2. Notching was performed with a hacksaw on 10 buds between 30 and 50 inches from the soil surface soon after planting. J.M. Clements photo.



### Effect of notching above apple buds on branch growth



Figure 2. Notching was performed with a hacksaw on 10 buds between 30 and 50 inches from the soil surface soon after planting. *J.M. Clements photo.* 



Figure 4. Untreated tree after one season. W.P. Cowgill photo.



Figure 5. Notched tree after one season. *W.P. Cowgill photo.* 

Whipped tree, use of clothespins to get good crotch angles



- Clamp clothes pins on central leader over shoots when 4 to 5 inches long to flatten growth
- Remove clothes pins in a few weeks when growth has lignified (hardened)







### Trees should be trained so that branch angles are wide



Bark inclusions in narrow angle crotches weaken limb



# Heading cut at time of planting



Note: growth is next to point of heading cut

Growth after 1st year



# Why heading tree limbs encourages lateral bud growth

- Auxin produced by the topmost bud inhibits the growth of lower buds.
- If apical bud is removed, lower buds begin to grow



Koning, Ross E. 1994. Plant Physiology Website.



#### Avoiding Problems Areas on Tree



Remove excess limbs on lower trunk as soon as possible



# Stake apple trees growing on dwarfing rootstock





### Fruit load tipped tree



### Tree wraps, tree cages, & tree paint



cage + white latex paint



tree wraps

- plastic tree wraps and cages help prevent rodent feeding.
- white latex paint and wraps reduce trunk damage due to rapid temperature fluctuations due to sunlight in mid winter.
- remove tree wraps in summer to avoid disease & insect problems. Cages can stay on year-round



# Latex paint does not protect against extreme low temperatures



Peach trunk splitting due to -19 F temperatures in 1994



# **Pruning Objectives**

### For Young Tree

Shape tree

Reduce crop to promote growth and prevent limb breakage

### For Older Tree

Remove dead, diseased, broken limbs & other undesirable growth

Increase penetration of sunlight and spray applications, increase air movement Shape tree and control tree height Thin crop



# When to Prune





- Best time to prune is during dormant season, in February, March, and April
- Older, larger trees especially apples and pears can be done in February
- Younger trees, especially peaches, plums, and apricots should be pruned closer to bloom (late March to April)



## **Heading Cuts and Thinning Cuts**

 Heading cut -- only the end of the shoot or branch is removed

 Thinning cut -- the entire limb or shoot is removed



Pruning basics



# Effect of heading cut on growth



- stimulates growth at point of cut
- may increase shading within tree

Pruning basics



# Effect of thinning cut on growth



- general rather than local stimulation of growth
- increases light penetration into interior of tree

Pruning basics



# Hierarchy (e.g., who is the boss) concept of tree training



Train so that limb diameters decrease: King > Queen > Jack



# **Central leader apple**



### - Works well with apically dominant trees



# Pyramid shape of Central Leader Tree



#### MICHIGAN STATE UNIVERSITY EXTENSION

# **Training Central Leader Tree**

- At planting time head central leader to 3 1/2 to 4 feet above the ground
- If 3 to 4 desirable branches are available, head these back by 1/3 to 1/2, otherwise "whip" the tree





# **Central leader trees**





# Central leader apple with distinct layers





# 2<sup>nd</sup> Growing Season

 Pruning central leader at the beginning of the 2nd growing season



### needs heading cut here



# **Central Leader Peach**





# **Open Center (vase) Method**



- suited for peaches, Japanese plums
- helps to maintain good light penetration to maintain health of tree



# Open center peach shortly after planting



### - retained 3 limbs



### **Open center peach**



 after pruning at start of 2nd growing season



# **Open Center Peach Tree**





### **Open center peach before & after**







# Too many scaffolds on open central peach









European plum is more upright and is usually trained like a central leader apple Japanese plum has a short central leader and more spreading shape









Photo credit: University of Alabama

Central leader European pear Central leader upright Asian pear Open center Asian pear





Sweet cherry

Central leader



Tart cherry

Open center



# **Thinning Fruit Crops**

- Thinning is important to:
- \* prevent tree damage
- \* encourage young tree development
- \* increase fruit size
- \* reduce biennial bearing
- \* remove poor quality fruit



#### MICHIGAN STATE UNIVERSITY EXTENSION

# Thinning Fruit Crops continued

- Thin after "June drop"
- Apples & pears ~ 5" apart
- Peaches ~ 8" apart
- Plums/Apricot may need to be thinned ~ 5" apart



Remove more fruit from young and early ripening trees Small fruit may drop naturally



### Minimum spray program for peaches

Peach leaf curl spray in November or early spring

Oriental fruit moth sprays to protect growing branch tips & fruit

Brown rot spray in bloom if warm and wet, and as the fruit start to color









#### Apple scab spray season









### Getting fruit trees off to a good start

- Resources (Handout)
- Tree and Site considerations
- Planting tips
- Training systems & pruning
- General IPM considerations